





Charity



✚ The President of the Republic chaired the Opening Session of the Gulbenkian Health Forum, "The Time of Life", 8 April, 2008.

▣ Health and Human Development Department



Amounts in euros	
Personnel costs	767 622
Operating costs	136 560
Subsidies and grants	4 125 766
Prizes	20 000
Departmental activities	417 187
Total	5 467 135
Receipts	93 632

In 2008, the Health and Human Development Department's core activities continued to focus on the improvement and greater fairness of healthcare services and the living conditions of people, by promoting the fight against the new problems caused by social exclusion and seeking to find better responses for emerging social needs.

The following areas of intervention were given priority in the support provided to health and human development:

Health

- › research into developing healthcare;
- › modernisation and technological innovation in healthcare;
- › humanising healthcare;
- › training healthcare providers;
- › participating in international partnerships.

Social integration

- › vulnerable social groups;
- › urban communities;
- › empowerment, social innovation and civic participation.

Departmental activities

Research into developing healthcare

[€805 544]

The support given to research into healthcare sciences continues to be one of the most important areas of the Health and Human Development Department's activities. Its core objectives are to stimulate innovation and originality among Portuguese researchers, with priority being given to partnerships, particularly international ones, between basic science clinicians and researchers.

In this area, attention is drawn to the protocol signed between the Catholic University of Portugal, the Champalimaud Foundation and the Faculty of Medical Sciences, with the aim of carrying out a national epidemiological survey of psychiatric morbidity, and the subsidy granted to the Lisbon Faculty of Medicine to support a project on therapeutic implications in the presentation of *Streptococcus pneumoniae* infections resulting from the use of the 7-valent conjugate vaccine.

Attention is also drawn to the completion of the support awarded to the Coimbra University Hospitals (HUC) for the creation of Portugal's first Biomedical Simulation Centre, which was inaugurated in December 2008. It should be stressed that this subsidy was awarded under the scope of a protocol signed between the Gulbenkian Foundation, the EDP Foundation and the HUC.

In 2008, applications were invited for the multiannual funding of cancer research projects in the areas of (i) new forms of early diagnosis and (ii) new therapeutic targets in cancer research. Despite the progress made in cancer research and treatment, this disease continues to be one of the main concerns in the health area, further compounded by its inherent social importance.

✦ 1st Biomedical Simulation Centre, inaugurated at the Coimbra University Hospitals in August 2008.

15 projects were selected from the group of 66 applications presented.



In October 2008, applications were also invited for the multiannual funding of clinical microbiology research projects in the following areas: (i) microbiological aspects of the infection associated with ageing; and (ii) microbiology of respiratory infection. However, the reception and evaluation of these applications will only take place in 2009, so that, in financial terms, this process will only be reflected in next year's budget.

The research projects in the areas of cancer and the environment and the neurosciences (neurodegenerative

diseases of ageing), selected to receive multiannual funding in 2005, also continued to be closely monitored, together with other projects selected in earlier years, particularly in the area of cancer research.

Public health

[€113 678]

Infectious diseases continue to be one of the Foundation's main concerns in the area of public health, particularly tuberculosis and other diseases that, despite earning international attention, cause high morbidity and incapacitation rates in the developing world. Support was therefore given to ARS Norte, IP, for the supervision and external assessment of the Programme to Combat Tuberculosis in the Northern Region 2008-2010, where there is an incidence rate of twice the European average. Support was also given to a multiannual research project of the Life and Health Sciences Research Institute, of the University of Minho, with the main aim of studying fundamental aspects of the treatment of Buruli ulcer – found in more than 30 countries in four continents – with pharmaceutical drugs, designed to contribute to the development of more effective chemotherapeutic protocols and thus respond to one of the research priorities recently established by the WHO for this disease.

The multiannual projects approved in previous years were also monitored, namely those set up under the scope of the Environment and Health Programme and the Competition for the Financing of Public Health Research Projects, in the area of the prevention and control of influenza.

Modernisation and technological innovation

[€487 995]

In order to help provide more effective access to quality healthcare, the Foundation continues to give selective support, through its Health and Human Development Department, to those health services that provide vanguard medicine for the acquisition of technological upgrades.

Support was given to the Thoracic Surgery Centre and Pneumology Department of the São João Hospital in Porto, the Pathological Anatomy Department and the Biomedical Simulation Centre of the HUC, the Surgery and Radiotherapy Departments of the Portuguese Cancer Institute in Lisbon and the Orthopaedic Department of the Dona Estefânia Hospital, also in Lisbon.

Health training and information programme

[€348 524]

The aim of this activity is to help the country keep pace with the most recent advances in healthcare. Support was provided through three distinct schemes:

- › Competition for the award of grants for postgraduate training abroad in the area of palliative care, following which funding was granted for 13 short and medium-length internships.
- › Support Programme for Advanced Training in Haematology/Oncology in partnership with the Portuguese Association against Leukaemia.

Together with the grants awarded under the scope of these two schemes, another 37 grants were given for the holding of courses abroad, the organisation of lectures, conferences, symposiums and training courses, promotional activities, the publication of manuals and the creation of electronic portals.

Arising from the priority that the Foundation has given to training in palliative care, a two-day workshop was held in this area (see below), while support was also given to basic courses in palliative care for health professionals and volunteers, promoted by the Portuguese Association for Palliative Care.

Participation in international partnerships

[€108 223]

Globalisation has meant a significant shift in the paradigm of the concept of health, whose major issues now extend well beyond national borders, thus leading to the concept of global health. The response to the challenges presented by global health calls for a global commitment of the various actors involved – States, international organisations, civil institutions, namely foundations and NGOs.

The Calouste Gulbenkian Foundation has devoted its efforts to promoting activities related to this new theme, particularly within the framework of the European Foundation Centre, both providing support for the creation of the European Global Health Council, and taking part in an initiative promoted by five European foundations – VW, Cariplo, Gulbenkian, Nuffield and Mérieux – targeting neglected tropical diseases. Under the scope of this initiative, 10 research scholarships and four training scholarships for African postdoctoral researchers were awarded.

Vulnerable social groups

[€1 426 155]

The Foundation gives special attention to the integration and autonomy of the groups of more fragile and vulnerable citizens, most notably children and young persons, the elderly, disabled and immigrants. Support is given in this area to initiatives and projects that promote greater autonomy for those people who have great difficulties in becoming integrated, thus helping to interrupt the paths that lead to social exclusion. The main actions taken were:

“Children and Young Persons at Risk” programme

Under the framework of this programme, support has been given to projects and initiatives that help to ensure a more balanced development of children and young persons at risk of neglect, delayed development or risk behaviour. In 2008, this programme was co-funded by McKiensey International, Inc., to the amount of € 40,000.

Parental training

In the first quarter of 2008, eight parental training projects were started, selected as a result of a scheme launched at the end of 2007. These projects are planned to last for three years and will be held in the municipalities of Lisbon, Amadora, Sintra and Setúbal, which correspond to areas with the highest number of warnings issued by the Commissions for the Protection of Children and Young Persons at Risk.



❖ Brochure promoting the “Children and Young Persons at Risk” programme.

Throughout the period of their implementation, these projects are monitored and assessed, and their methodologies and results compared. In this first year of their implementation, these eight projects led to the accompaniment of 271 families and 286 children, of whom 117 have been flagged up and are being accompanied by the Commissions for the Protection of Children and Young Persons at Risk.

Also within the scope of support for parental training, the “With the Children and the Family – a New Way to Intervene” project, coordinated by the “Passo a Passo” Association, was completed. This involved a wider partnership that included the Fernando da Fonseca Hospital, Amadora Municipal Council, the Portuguese Red Cross, the “Ajuda de Berço” (Toddlers at Risk) Association and the “Apoio ao Recém-Nascido” (Support for Newborn Children) Association (AARN).

Throughout the three years of the project’s implementation, the Association accompanied 208 children flagged up as being at psychosocial risk, working with the respective families (99 families, most of them single-parent families).

These activities are undertaken by multidisciplinary teams and are family-centred. By adopting an integrated community resource approach, they seek to strengthen the relationship between the children and their families and promote a network of mother and child assistance and social support for families that have been flagged up as being at risk.

Early intervention

In 2008, the “Early Intervention – Establishing Good Practices” project was completed. This project was promoted by the TorreGuia Social Solidarity Cooperative, in association with Cercizimbra, and also enjoyed the support of Sesimbra Municipal Council and other local organisations.

The project was implemented through the Cercizimbra Early Intervention Technical Department, promoting good practices in early intervention, as well as studying the respective construction process. 100 children aged under 6, either with development problems or at risk, were monitored

with a view to developing their autonomy. At the same time, work was carried out to empower the families of these children to take full responsibility for their role in bringing up their children and supporting their development.

A more in-depth study was also undertaken, making it possible to compile some practices that could be recommended as forms of early intervention adapted to Portuguese reality.



✚ Cover of the manual of *Good Practices in the Prevention and Monitoring of Teenage Pregnancies*.

Adolescent motherhood

After completion of the multiannual “Prevention Better than Cure” project (2004-2007), carried out in partnership with the Dr. Alfredo da Costa Maternity Hospital (MAC), centred on the multidisciplinary monitoring of adolescent girls who were already pregnant, or at risk of becoming so, a manual of *Good Practices in the Prevention and Monitoring of Teenage Pregnancies* was prepared, in order to disseminate a model of multidisciplinary intervention that has already produced good results.

The methodology that was developed and tested under the scope of this project, including the clinical, psychological and social monitoring of adolescent girls, has been adopted by MAC and now forms part of its Consultations for Adolescents.

As this model for the provision of care to teenage mothers is likely to be replicated by other health units, the manual was widely disseminated.

Besides the support and monitoring of the pilot schemes already mentioned, support was also given to initiatives and activities developed by 21 institutions working with children and young persons.

Support for the well-being of the elderly

The ever more rapid ageing of our societies, together with the recognised difficulties of families and institutions in guaranteeing the elderly a good quality of life and respect for their dignity, has led the Foundation to continue to support projects and initiatives in this area.

After institutions providing services to the elderly had been invited to submit applications, an independent jury selected 16 proposals for the creation and enlargement of technical aid banks, support for healthcare and the training of formal and informal carers. These projects will be monitored by the Foundation. Besides the support given to these projects,

funding was also provided for initiatives and activities undertaken by five institutions that received and provided services to the elderly.

Migrants

There has been a significant increase in the numbers of people migrating for economic, environmental or humanitarian reasons, presenting challenges that call for prompt and creative solutions, particularly with regard to the social and professional integration of these people in their host societies.

The Foundation has paid special attention to these problems, giving its support to projects and innovative initiatives designed to promote the reception and integration of immigrants.

It was against this background that the second edition of the “Professional Integration of Immigrant Doctors” programme was organised, which is designed to integrate 150 immigrant doctors, legally resident in Portugal but performing activities other than those for which they were trained, into the National Health Service. Besides the Foundation, which is responsible for coordinating the programme, the partnership involved in the programme includes the Ministry of Health – the funding body – and the Jesuit Refugees Service, which is responsible for implementing the programme. With a budget of € 2,912,000, this second edition received a preliminary advance of roughly € 150,000 in 2008 from the Ministry of Health.

Another five grants were also awarded to support initiatives associated with the problems arising in this area.

The Foundation continues to belong to international networks and partnerships at the European level that are active in this area of migrations and intercultural dialogue, namely:

- European Programme for Integration and Migration (EPIM), 2nd phase, sustained by a broad partnership of European foundations and implemented within the framework of the Network of European Foundations for Innovative Cooperation (NEF). This phase will last for four years and, in this first year, after the submission of proposals, 15 multiannual projects were selected that were considered innovative at both the European and the national level and will be funded and assessed by the programme.
- Diversity, Migration and Integration Interest Group, from the European Foundation Centre, which consists of various European foundations and has devoted itself to improving knowledge about the integration of diversity and the identification of good practices that may be replicated in other contexts.
- “Ethnicity in post-integration societies: understanding the crisis of integration models in Europe”, a project lasting two years, which is being developed by the Institut Français des Relations Internationales (IFRI) and is designed to identify the central factors affecting the main European models for the integration of immigrants.
- The “Belonging” project, an initiative supported by the Health and Human Development Department, the United Kingdom Branch and the Calouste Gulbenkian Cultural Centre in Paris, which, together with the Runnymede Trust, an independent policy research organisation, and Manifesta, sought to promote a multiethnic society. “Belonging” was a video art project for adolescents designed to use the arts to stimulate debate about the realities of migrations

and social integration from an intergenerational perspective. The project works with roughly 18 young persons (aged from 15 to 19) in each of the three European cities (Lisbon, London and Paris), promoting “intercultural dialogue” based upon greater knowledge of the social and historical contexts, with the aim of helping people to deal constructively with difference, while simultaneously promoting the values of diversity.

Other vulnerable groups

The Department also developed the social side of its activities by funding various institutions dedicated to promoting the inclusion of people who have become excluded or have serious difficulties in becoming integrated. Funding was given to 27 institutions, under the scope of support for civil society initiatives designed to promote the integration of disabled persons and the victims of violence.

Fifty individual grants were awarded under the Social Support Fund.

Urban communities

[€431 615]

Support was given to the following pilot schemes that are being undertaken in the area of urban communities, designed to help reverse the trend towards the “ghettoisation” of urban areas with pockets of poverty and social exclusion:

“K’Cidade” project

This fourth year of implementation marked the end of the first phase of the “K’Cidade” project, developed in partnership with the Aga Khan Foundation and including community development projects in marginalised urban areas: Alta de Lisboa and Ameixoeira, in Lisbon, and Mira-Sintra, in the municipality of Sintra.

“Generation” project

The “Generation” project has been developed for the rehousing of the socially excluded in the Casal da Boba estate, in Amadora. Attention is drawn to those initiatives seeking to mobilise the local population, initiatives for occupying the spare time of children and young persons, the alternative curricula being developed for young persons at risk of dropping out of school and the preventive action and support provided for the reintegration of young persons at risk. This year, the project received co-funding from the European Social Fund (€ 61,500) after applications had been submitted to the Community initiative EQUAL.

Generation Orchestra

The Generation Orchestra project is inspired upon the National System of Children’s and Youth Orchestras of Venezuela. This complex and wide-ranging educational system represents a uniquely successful example because of its innovative contribution to the integration and development of children and young persons originating from highly underprivileged social environments, combining a profound sense of social concern with a high level of artistic quality. For these reasons, the Calouste Gulbenkian Foundation decided to support its introduction into Portugal.

The adaptation of the methodology, the design of the model for its management and the training of trainers enjoy the support of Venezuelan specialists who monitor its development, while the pedagogical and artistic responsibilities have been entrusted to the Music School of the National Conservatory. The EDP Foundation supports this initiative, contributing towards the purchase of musical instruments (€ 58,000 in total, with € 41,000 being made available in 2008).



✚ Generation Orchestra in performance.

“Nu Kre Bai Na Bu Onda” project

“Nu Kre Bai Na Bu Onda” is a three-year project (begun in 2007) in the areas of theatre and dance, developed with young persons from the neighbourhood of Cova da Moura, seeking to contribute to the social and cultural integration of the community, develop young persons’ skills and capacities in the areas of dance, theatre and the production of cultural projects, and also lay the foundations for the semi-professionalisation of the theatre and dance groups, in order to ensure their continuity and make it possible for them to enter into the national circuits for the production and presentation of performances.

Empowerment, social innovation and civic participation

[€24 414]

In this area, support was given to actions and initiatives providing empowerment in various aspects, namely improving organisational capacity, promoting the culture of partnerships and encouraging communication and information management. The framework for the voluntary sector was also developed, with participatory methodologies being used in activities already in progress, while ensuring the sustainability of projects and activities, in the context of promoting social innovation and civic participation. Attention is drawn to the following initiatives in particular:

“Amadora Empreende” (Enterprising Amadora) programme

This is a two-year experimental programme designed to promote entrepreneurship, sponsored

by Amadora Municipal Council in partnership with the Foundation and the Higher Institute of Social Sciences and Business Studies (ISCTE). The aim of this programme is to contribute towards identifying feasible business ideas and to facilitate their implementation, seeking to create companies, cooperatives or projects of a productive nature within the municipality's associative structure that can promote the business capacity of young persons and the mobility and inclusion of people living in a socially fragile situation. Under this programme, the Foundation gives particular support to the training of entrepreneurs with low levels of educational qualification, a segment of society for which it is clearly necessary to prepare/adapt training contents.

“Broadband Internet Access for Charitable Institutions” project

This year, under the scope of this project, a partnership was formally set up with “Entrajuda” (Charitable Institutions Support Association) and Microsoft Portugal. This project is designed to provide broadband internet access for roughly 50 charitable institutions in the Lisbon district with a significant number of beneficiaries from amongst the socially unprotected (children and young persons of school age or elderly persons), with the aim of facilitating access to information, contributing to their inclusion and personal training.

“Development and Promotion of the Red Cross Local Charity Structures” project

This project has been developed in order to combat the trend towards the gradual decline in the voluntary sector and to promote closer ties between the various local structures of the Red Cross. It has already involved roughly 150 people in training activities, including delegates, voluntary sector instructors, coordinators of local structures and volunteers themselves.

“Needs in Portugal: Tradition and Emerging Trends” study

This project is designed to broadly identify those social needs that are considered not to be satisfied in mainland Portugal, paying special attention to latent and emerging trends that, currently and in the near future, make it difficult to optimise the opportunities for improving the country's individual and collective life. Promoted by TESE – Association for Development, in partnership with the Social Security Institute and the Foundation, the study has been under development since January 2008, under the scientific coordination of the Centre for Territorial Studies (CET – ISCTE). The project's scientific consultancy is provided by the Young Foundation and Lisbon University's Institute of Social Sciences.

Support for the holding of the “NextRev” International Conference on Social Innovation

Support was provided for the holding, at the Foundation, of the International Conference on Social Innovation, promoted by TESE, which enjoyed the sponsorship of the Office of the President of the Republic, amongst a vast group of partners, including the Young Foundation, the Community initiative EQUAL and the Luso-American Development Foundation. The holding of this conference was intended to highlight what is meant by social innovation through the presentation of case-studies in the areas of health, education, technology and democratic participation, in order to inspire current and potential agents from the tertiary sector and to speed up the processes of social innovation in Portugal.

Support for the holding of the International Summer School on Social Innovation – Scaling Up Innovation – From Ideas into Action

Together with the United Kingdom Branch, the Department supported the holding of the International Summer School on Social Innovation – Scaling Up Innovation – From Ideas into Action, promoted by the Young Foundation, in partnership with the Basque University and MIK – the Management

Research Centre of the Mondragon Group. The main aim of this eminently practical and interactive initiative was to bring together the various institutions involved in the processes of social innovation in order to share their views, experiences and the knowledge and skills acquired.

“European Citizens Consultation”

This project is the initiative of the Network of European Foundations for Innovative Cooperation (NEF). Following on from the European Commission’s Plan D for Democracy, Dialogue and Debate, developed under the auspices of the Network of European Foundations for Innovative Cooperation, the Foundation decided to prolong its links with the “European Citizens’ Consultations” project. In its first phase, this project, coordinated by the King Baudouin Foundation, involved 24 foundations and 30 universities and organisations, having enjoyed the active participation of roughly 1800 European citizens from the 27 Member States of the European Union. This new phase is intended to debate the future of Europe, namely the way in which its citizens see this question.

Departmental activities

[€429 941]

One of the roles adopted by the Foundation is that of promoting discussion and reflection upon the wide range of issues facing present-day society.

The Department promoted:

Gulbenkian Health Forum

Dedicated to the theme of the ageing of the population, the programme of the 10th edition of the Forum, entitled “The Time of Life”, began in April 2008 with the session “How many are we? How will we become?”.



João Lobo Antunes was the curator of the 10th Gulbenkian Health Forum.

The conference “Ageing in Portugal” and the international conference “A Mature Society in a Global World”, held in June and November respectively, completed the cycle of debates planned for 2008.

The characterisation of the demographic reality, the analysis of the economic and financial impact of the phenomenon of ageing or the health policies adopted for this sector, were some of the themes debated in this first year of discussion and reflection, which enjoyed the participation of Portuguese and foreign specialists in this area and was sponsored by the Office of the President of the Republic.

Along with the open sessions, three workshops were also held, bringing together Portuguese and English researchers, technicians and carers, who analysed the areas seen as priorities for concerted action on the part of the Foundation: dementias, isolation and intergenerational relationships.

“Health in the Information Age”

The conclusions of the project – “Health in the Information Age: Doctors, Users and Media” – started in 2007 and carried out by the Centre for Studies and Research in Sociology of ISCTE were presented at a public session.

The project’s main aim was to analyse how and to what extent the information and communication technologies are appropriated in the health area, by users and professionals, in the context of the network society in Portugal.

Workshop on palliative care

In keeping with one of the Foundation’s priority intervention areas and with the aim of promoting training for health professionals specifically dedicated to this area, a workshop was held on Palliative Care, attended by 50 trainees. The workshop was organised in collaboration with the Portuguese Association of Palliative Care and the JB Fernandes Memorial Trust I, through the Rockefeller Philanthropy Advisors.

The workshop’s three modules – “Building a Palliative Care Programme”, “Palliative Care in Dementia”, and “Breaking Bad News and Doctor-Patient Communication” – touched upon some of the areas in which training is considered to be most needed.

Gulbenkian Migrations Forum 2008

Continuing the activities of reflection and debate about the problems associated with migrations, this year two international conferences were held on the themes of “Housing and Healthcare in the Integration of Immigrants” and “New Challenges of Migrations”.

Two workshops on migrants’ access to healthcare and housing also formed part of this forum, making it possible, with the contributions of a wide range of specialists, to produce a series of conclusions and recommendations leading to a much more successful integration of migrants into Portuguese society. These contributions will be published early next year.

The following initiatives were also promoted:

- › “Round table – Migration, Multilingualism and Intercultural Dialogue” co-organised with the High Commission for Immigration and Intercultural Dialogue, EUNIC Portugal (National Cultural Institutions of the European Union), the European Parliament Office in Portugal and the European Commission Representation in Portugal.
- › Public session for the presentation of the results of the “Prevention Better than Cure” project, with the participation of specialists and the leaders of the support project for teenage mothers and some of the young women who were monitored under the same project during pregnancy.

› Workshop for the presentation of the “Aids in the Prison Environment” report – a broad debate with representatives of the institutions responsible for the management of the project, attended by specialists linked to the problems arising in the most diversified areas of knowledge.



Other initiatives

Immigration Platform

In order to contribute towards the organisation of civil society in relation to the problems presented by immigration at a national level, the Foundation took the initiative of launching the Platform on Immigrant Reception and Integration Policies (Immigration Platform) in 2006. This structure comprises 15 institutions from civil society* involved in the area of the integration of immigrants and intercultural dialogue.

The Immigration Platform's main initiatives were presenting the “Award for the Best Local Practices for the Integration of Immigrants” and the Prize for the “Most Enterprising Immigrant of the Year” to the amount of € 20,000, co-funded by the Aga Khan Foundation (€ 4,000), the Luso-American Foundation (€ 3,000), the Luso-Brazilian Foundation (€ 1,000) and the Portugal Africa Foundation (€ 5,000), as well as the creation of the internet website at www.plataformaimigracao.org.

✦ Cover of the book *Migrações: Oportunidade ou Ameaça?*, containing the speeches and papers presented at the Gulbenkian Migrations Forum 2008.

* Aga Khan Foundation, Luso-American Foundation, Luso-Brazilian Foundation, Orient Foundation, Portugal Africa Foundation, Portuguese Enterprise Association, Portuguese Industrial Association, Episcopal Committee for Human Mobility, Portuguese Confederation of Farmers, Portuguese Trade and Services Confederation, General Confederation of Portuguese Workers, Confederation of Portuguese Industry, Confederation of Portuguese Tourism, General Workers' Union, High Commission for Immigration and Intercultural Dialogue (Observer).